Demographics
Impact of the Demographics and Health scenario on Africa’s population structure

Jakkie Cilliers
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Because North Africa is much further along in the demographic transition, it benefits little from the Demographics and Health scenario. Chart 10, therefore, shows the effects of the Demographics and Health scenarios on the population structure and education outcomes for sub-Saharan Africa by 2063 compared to the Current Path forecast. In the Demographics and Health scenario, sub-Saharan Africa gets to the 1.7:1 ratio of working age Africans to dependants in 2043 and exits in 2095, about the same period as it spends in this favourable window in the Current Path forecast. The Demographics and Health scenario also advances the onset of sub-Saharan Africa’s peak demographic dividend by nine years (from 2077 to 2068) and increases the ratio of working-age persons to dependants from 2.0:1 to 2.2:1. The dates and ratios for Africa are quite similar. The continent will therefore enter the demographic window of opportunity in 2043 (instead of in 2051) and peak at 2.1:1 in 2067 (instead of 2:1 in 2074).

In the Demographics and Health scenario, Africa has a more mature population structure, with a distinctive bulge along the midriff, compared with the more youthful structure seen in the Current Path forecast.

By 2043, more Africans (as a per cent of totals) will be enrolling and completing all levels of education since more funds will be available to spend on the smaller number of students. Mean years of education will increase, particularly for the younger cohorts and education quality will also improve given the larger pots of money now available for fewer students. All these effects are due to the impact of reduced fertility and better health and not the result of additional budget allocations. The result over time is a more productive labour force, more rapid economic growth and higher standards of living.

The population pyramids for Nigeria (Chart 11), Africa’s most populous country, show a similar trend. The beginnings of a population transition emerge as Nigeria begins to move from the less-developed pyramid shape to the more oval shape of a more developed demography by 2063.
Chart 11: Population pyramid for Nigeria in 2063: Current Path vs Demographics and Health scenario

- **Current Path**
- **Demographics and Health**

Source: [Data consulted from UNDP data]

No Education  Primary  Secondary  Tertiary  Aged below 25

29.5M | Female  30.9M | Male
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About the authors

Dr Jakkie Cilliers is the ISS’s founder and former executive director of the ISS. He currently serves as chair of the ISS Board of Trustees and head of the African Futures and Innovation (AFI) programme at the Pretoria office of the ISS. His 2017 best-seller Fate of the Nation addresses South Africa’s futures from political, economic and social perspectives. His three most recent books, Africa First! Igniting a Growth Revolution (March 2020), The Future of Africa: Challenges and Opportunities (April 2021), and Africa Tomorrow: Pathways to Prosperity (June 2022) take a rigorous look at the continent as a whole.

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